

start witha light touch To avoid overworking the dough,
use a fork to gently mix the water into the butter-flour mixture until it just starts to stick togethe

then be firm but gentle Dump the shaggy mixture onto plastic wrap and use your knuckles to press until it's mostly stuck together.

seal the deal
Wrap up the dough (a circle or
square is 0 ) and give the packet a
few presses on top and the sides to compress together.


Fear Not the Pastry

## BY NAOMI DUGUID

am sometimes shocked by
I - ded in the k fee intim people fear bread making. for others, the idea of impro vising is terrifying. Those fears can seep into us, paralyzing us, some times even before we're aware of ourselves. as cooks. At least that's what happened to me with pastry. I remember my English-bor randmother, who lived in a log cabin in ooked on wood stove, saying dismissively, "The pastry's tough," about the crust on her delicious treacle tart. This point seemed to matter to her, though I didn't understand what she was talking about, because her tart was delicate and wonderful. And I sometimes heard my mother say admiringly of a friend All this added up to o minefield I inter zed the impossibility of making good pastry, for it clearly required an inherent talent. And of course I was sure I didn't have such a thing. If my mother, who was a wonderful natural cook, was intimidated by pastry, how Whld I ever imagine making it myself? When I started work 15 years ago on the book I coauthored with Jeffrey, Alford (who avoided the pastry section altogether). I real ized I had to change my attitude. By then, after years of trying to persuade cooks to be unafraid of flatbreads and rice, I understood that cooking fears were in our minds and that they cond

I used the trial-and-error method to teach myself pastry. That is, rather than believing in he mystique, I decided not to worry about failure and instead experiment. I consutted books to get ideas, and then I worked surement. I made pastry with butter only, with lard, with a blend of the two. I used cream cheese and butter in combinaion, a foolproof method. I made rench-style pate sucree, a much better choice when your filling 1 mearing-technique that you use to blend the butter and egg into the flour. I learned that adding an egg rather than water to moisten the dough is a kind ff insurance when using wholewheat or rye flour for pastry. discovered that there are that whole-wheat flour can make delicious piecrust, that grating chilled butter (a technique sugested by Jane Grigson in her Fruit Book) is the easiest way to nake pure-butter pastry. But "absence of worry" is the single best ingredient in pastry making - Sta COOKBOoks, INCLUDING BURMA AND IATE OF PERSIA.

## No time for the olling pin? Check out <br> rolling pin? Check out our favorite press-in crusts at realsimple



BROWN BUTTER \&
VANILLA PEAR PIE
ACTIVE TIME: 30 MINUTES
TOTAL TIME: 2 HOURS,
PLUS COOLING
SERVES: 8
$1 / 2$ cup ( 1 stick) unsalted butter
$2^{1 / 2} / \mathrm{ll}$. pears (about 5), peelec, cored, and chopped 2 Granny Smith apples, peeled, cored, and chopped 3 Tbsp. all-purpose flour
plus more for rolling plus more for rolling $1 / 4$ tsp. kosher salt
$1 / 4$ cup sugar, plus more for sprinkling
2 disks Basic Piecrust
1 large egg, lightly beaten
preheat oven to $350^{\circ} \mathrm{F}$ with rack in lowest position. Melt butter
n a medium skillet over medium heat, swirling until golden and nutty smelling, 3 to 4 minutes. Pour into a bowl and let cool. Toss pears, apples, flour vanill
salt, brown butter, and $1 / 4$ cup salt, brown butter, and
sugar in a lagge bowl. RoLL out 1 disk of piecrust on a
lightly floured work sufface to lightly floured work surface
about 14 inches in diameter about 14 inches in diameter.
Place in a 9 -inch pie plate; trim dough to a 1 -inch overhang. Fill crust with pear mixture. Roll out emaining disk to about 12
nches in diameter and lay inches in ciameter and lay ove tuck under bottom edge; crimp edge as desired. Cut a few vents in the top and brush with
beaten egg. Sprinkle with abou beaten egs. Sprinkle with about treeze for 15 minutes
AKE on bottom rack until deep Bolden brown and juices start
bubbling through the cracks, co to 75 minutes. Let cool for least 4 hours before slicing.


COCONUT-
CASHEW PIE
ACTIVE TIME: 15 MINUTES
TOTAL TIME: 90 MINUTES PLUL COOLIN
SERVES: 8

1 disk Basic Piecrust All-purpose flour, for rolling $3 / 4$ cup dark brown sugar $3 / 4$ cup light corn syrup 3 Tbsp. unsalted butter, melted
2 large eggs
1 tsp. pure vanilla extract
$1 / 4$ tsp. kosher salt
$11 / 2$ cups roasted unsalted
$3 / 4$ cup coconut chips

PREHEAT Oven to $325^{\circ} \mathrm{F}$ with rack in lowest position. Roll out pie-
crust on a lightly floured work surface to about 14 inches in diameter; place in a 9 -inch pie plate. Using your fingers, tuck overhang under so crust just cor ers the lip of the plate. Crimp
edge and freeze for 15 minutes whisk together brown sugar corn syrup, butter, egss, vanilla, and salt until evenly combined. Scatter cashews and coconut
chips over crust and pour brown sugar mixture over top, tiliting plate so it settles evenly. BAKE on bottom rack until crust
is golden and filling is set in the is golden and filling is set in the
middle, 50 to 60 minutes. Let cood for at least 4 hours before slicing

CRANBERRY-
CTRAWBERRY
 PLUS COOLIN
SERVES: 8

1 disk Basic Piecrust All-purpose flour, for rolling 12 oz. fresh or fro
cranberries
2 oz. frozen strawberries
$1 / 2$ cup sugar
$1 / 4$ cup cornstarch
$1 / 4 \mathrm{c}$ tsp. cosher salt
$1 / 2$

## crumb topping

$1 / 2$ cup all-purpose flour
$1 / 2$ cup sugar
$1 / 2$ tsp. ground cinnamo
$1 / 2$ tsp. ground ginger
Pinch of kosher sat
$1 / 4$ cup ( ${ }^{1 / 2}$ stick) unsalted butter, softened

PREEEAT oven to $350^{\circ}$ F with rack in lowest position. Roll out piecrust on a lightly floured work
surface to about 14 inches in diameter; place in a 9 -inch pie plate. Using your fingers, tuck overhang under so crust just covers the lip of the plate. Crimp
edge and freeze for 15 minutes. ross cranberries, strawberries sugar, cornstarch, and salt in a arge bowl. Transfer to frozen pie shell and return to freezer. topping: combine flour, sugar, cinnamon, ginger, and salt in
a medium bowl. Add butter an a medium bow.Ada butter and dry ingredients until clumps form. Remove pie from freeze scatter crumb topping over fruit, and place pie on a rimme
baking sheet. Bake until crust and topping are golden brown and fruit is bubbling, 75 to 85 4 hours before slicing.

## The Worst Pies in New York

## by alexander chee

he pies my mother made when I was a child are clear T in my mind, both my favor
ites and the ones I never cared for-apple, of course spicy with cinnamon, at one nd, and mincemeat, which I endured but never liked as well as she did, at the other. In between was blueberry, usually served in the summer, with blueberries we picked fo er from the marshy hills near our town's bushes grew thick and the berries were darkly sweet. And strawberry and strawbent thubarb. The pies were a family effort: We repared them together, cutting the apples into half-moons or pinching the tops of the strawberries and twisting them to remove the stems. We ate our first slices at dessert before fighting over them as they grew of pie. My mom will still stand in the kitchen with a slice in the morning and say, with a grin, "My uncle always said you could have pie for breakfast."
As she grew older and we moved out, my mother left off cooking pies as much. Soon my brother began to insist on doing it himsel holiday with his own pie plate, like a DI with a turntable, and proceeded to make a truly fantastic apple pie. But when I returned to my New York City kitchen and tried to recall how the crusts were made, I drew a blank. While my mother had taught me many recipes, she hever showed me how to make her perfect piecrust or a filling.

I tried, on my brother's examle, to make my own, following stranger's instructions in some
cookbook exactly. But my crust, while golden brown, was as thick as a wallet, and the filling runny. So I have taken to making easy crimped galettes and fruit crumonly reminds me that I do not know the true method for making a pie. Only this summer did discover the magic of tapioca, which dries out the fruit just nough that the filling does not I could chalk up the tale. or pie to being like carrying tune-that is, something I can do hat my brother and my mother cannot, though their pies do sing But I think the better, more fun thing for me to do is to finally ask her to reveal all her secrets and see if she'll tell them to me. of TWo novels, EDINBuRGH AND ETWO NOVELS, EDTNBUGH
THE OUEEN OF THE NIGHT.

NONSTICK
TRICK
Use a stainless
bench scraper or
bench scraper or
large-headed
large-headed
spatula to loosen the dough eriodically as you
roll to arevent it roll to prevent it
from sticking to our (lightly floured)

How to Dress Up a Pie

USE ONE OF THESE FIVEEASY IDEAS TO ONE THAT CRACKED WHILE COOKING.


go classic FRENCH
Sprinkle with granulated sugar
THE JACKSON
pollock POLLOCK Drizzle or splatter
melted choootate
(milk, dark, white)
ver the cooled pie.


UPCYCLE
Use a cookie cutter
to punch out leaves
or other autumn
shapes from your or other autumn
shapes from your
doush trimmings doug trimine small multiples or one big
cutout). Brush with cutout, Brusn with
egs, sprinkle with
cinnamon susar, cinamon sugar, and bake at $350^{\circ} \mathrm{F}$
on a parchment-
lined baking sheet lined baking sheet
until golden brown.
Lay gently ver the Lay gently over the
top of your pie. and broil until sugga
has deeply browned. Let cool for a crackly crème top of your pie.


Pies for the Homesick

FOUR WRITERS ON THEFAMILY
RECIPESTHEYCAN'T QUIT.

SOUR CREAM RAISIN By Paula Forbes
t was always there I spinning endlessly in pie cases of my youth sour cream raisin pie. Sometimes, seasonally, there would be sour cream raspberry or sour cream strawberry. But as befits a cold place, the dried-fruit version eigned.
I never ordered it as a kid. It seemed stuffy and old-fashioned America's Dairyland meant pies filled with cream from the farm, dried fruit...and not much else. But the older, and more homesick get, the more I'm drawn to this Northwoods specialty. A sour cream custard laced
with cinnamon and studded with raisins-I've heard it called Midwestern buttermilk pie. That's not quite right, though. It's more lus cious, more decadent. It's often opped with whipped cream or tower of meringue; less freslices on the brink of separation, in a loose, almost indecent slurry of dairy and fruit.
I make it for Thanksgiving now, swapping the raisins for (Wiscon sin grown!) dried cranberries. The cinnamon gives it enough apple and pumpkin cousins on the buffet, and it's unique without being nontraditional.
It's home for the holidays, if just for dessert.
PAULA Forbes II A FOOD WRITER. HER ORTHCOMING Book the austin cook
BOOK WILL EE PUBLISHED IN THE SPRING


## BLUEBERRY

## y Kaitlyn Greenidge

y mother is a supremely confident cook. The best dishes she makes M are her pies. Sweet potato, apple, and that New England specialty, The The afternoon before Thankssivin.

The afternoon before Thanksgiving, all the women in my family gather at her house. We were all initiated into her kitchen by learning first how to make a piecrust. This lesson begins early: My nieces started at age $2 ;$ I think I was 4. She shows us how to mince the butter with flour in a bowl, how to flatten it with a 30 -year-old yellowing plastic rolling pin, and how to lay the crus
in the bottom of a glass pan, fill it with sugared and thawed blueberries, top with generous pats of butter, and cover it all with another grand cape of pastry. The best part, though, is that she lets the children play with the scraps of raw piecrust. Today my niece, ever the sensible one, makes mini blueberry pies with hers. But when I was young, the greatest Thanksgiving treasure was the discards of pie dough, rolled flat and dusted with cinnamon, cooked in the bot m of the oven, and gobbled at midnight, just as the turkey was finally dressed


## LEMON MERINGUE

By Mimi Sheraton
o matter how many T exquisite and exotic pies I have been
lucky enough to
try, none invoke nostalgia as much as the lemon meringue pie that my mother made. A great cook an baker who was also adept at considered this lemon meringue her signature. It was present at every special occasion and expected of her at the home dinner parties she was invited to. Based on a recipe from the labe on cans of Eagle Brand Sweetened Condenseank, she adaed more buttery short piecrust for the base. My father was proud of the

golden peaks she always maintained on the meringue. It was these memories that Inspired me to include it in my Sook 1,000 Foods to Eat Before ever forgetting the way my other looked working in the itchen her serious demeanor she beat the whites, and the sigh f satisfaction from everyone lucky enough to share her refresh ngly piquant dessert.


